

TAIOBA TRANSPLANTS



Taioba is the leaf of tannia. This plant is originally from South America and is very similar in growth and appearance to taro which is from Southeast Asia. Both crops are grown for their root-like corms that are staples in most of the tropics. They have many names, including malanga, yautia, and cocoyam. With the colonization of the Americas it was introduced to the old world and now Africa is the largest producer.



*Made possible by **The Ethnic Crops Program** at U Mass Amherst*

Taioba is used as a leafy green similar to spinach. In fact, spinach is used as a substitute when taioba is not available. The leaves are usually cooked to eliminate calcium oxalate, an irritant.

It is very popular crop in 4 Brazilian states: Minas Gerais, Espirito Santo, Bahia and Rio de Janeiro

