

DESCRIPTIONS

Jiló is a type of eggplant that came to Brazil from Africa with the slave trade. This variety of *jiló*, called *morro redondo*, is popular in the state of São Paulo located in Southeastern Brazil. *Jiló* is very bitter and is used in salads and also as a seasoning in grilling meats.

This variety of *jiló*, called *comprido verde claro*, is most popular in Minas Gerais, the state north of São Paulo where the majority of Brazilian's living in Massachusetts come from. It is slightly less bitter than *morro redondo*.

Maxixe is a type of cucumber that has a two-inch long fruit with a slight lemon flavor. Brazilian's steam it with meat or use it fresh in salads.

Zucchini is very popular in Brazil. The most popular variety is called *caserta*. In Brazil, zucchini is used in soups and stews, steamed, and stuffed.

Okra is very popular in Brazil and to a lesser extent in Cape Verde. The varieties in Brazil can be harvested larger than the types grown in the Southern US without becoming tough.

Collards are extremely popular in Brazil, Portugal, and Cape Verde. In Brazil collards are often used as a side dish for the national dish called *feijoada* (black beans and pork stew).

Calabaza is a type of pumpkin that is popular throughout Spanish-speaking countries in Latin America. Due to its orange-colored flesh, similar to *abóbora moranga exposição*, it is found in many Brazilian markets.

Abóbora, which means pumpkin in Portuguese, is popular in Portugal and Brazil. This variety, called *abóbora moranga exposição*, is very popular in the state of Minas Gerais. It is sometimes used as a bowl for soups.



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WHEN AVAILABLE

CROPS		June	July	August	September	October	November	December	COUNTS	Countries Where Popular
				Orange	Orange	Orange	Orange			
			Yellow	Yellow	Yellow	Yellow			1/2 Bushel	
			Green	Green	Green				1/2 Bushel / Box	
		Light Green	Light Green	Light Green	Light Green				20 lb / 1/2 Bushel / Box	
			Orange	Orange	Orange				10 lb/ Box / 1/2 Bushel	
		Green	Green	Green	Green	Green			24 lb/ Box Bunched	
					Yellow	Yellow	Yellow	Yellow	50 lb Crates	
					Light Green	Light Green	Light Green	Light Green	50 lb Crates	

FLAGS: Brazil Portugal Cape Verde